

Paperbark Conversations No 2

Topic - EATING DISORDERS

A conversation about prevention

Wednesday, February 12th, 6.30pm to 8.30pm

Tickets \$17.50 @ trybooking.com

Merchant & Maker Shop 8 /35 Dunn Bay Rd Dunsborough
Doors open @ 6.00pm

Soft drinks available for purchase; nibbles provided

Speakers

Joanne Edmond

Psychologist @ Core Therapy Psychology Services

Joanne's therapeutic areas of interest include child-family mental health, child social-emotional development and family relationship functioning. She is known for integrating current best practice of neuroscience and neuropsychotherapy research into practical treatment interventions that have reliable and lasting outcomes.

Astrid Nader-Louw

Clinical Hypnotherapist/Psychotherapist and Eating Psychology Coach @ Mind Body Alive

Astrid trained with the Australian Center for Eating Disorders and specialises in the treatment of eating disorders and all food and body image related issues.

Nina Gelbke

Clinical Nutritionist @ Naturally Nina

Specialising in sports nutrition and eating disorders, Nina has a passion for sharing her story of hope based on the journey of her own recovery. She is also a total foodie, part-time blogger, recipe developer, athlete and Type 1 diabetic.

Dr Alison Lyons

Medical Doctor @ Dunsborough Medical Centre

Alison's special interests include Integrative Medicine, family & children's medicine and women's health.



A Paperbark Wellness Project



Butterfly
Foundation for Eating Disorders